

College Football Today

Teachers: Jeffrey Blum and Joe "JoBro" Bobroskie

Room 13-3101

Nov. 20, 2011, 5:05 PM – 6:55 PM

Class Description

College football is more than just an awesome way to spend a Saturday afternoon. As an institution, it plays a major role in today's society, sometimes more so than its professional equivalent. This discussion-based class will cover the state of college football in today's world and how it has evolved over time. Are YOU ready for some football?

Class Breakdown

First Half: College Football – Past and Present

FIRST QUARTER: THE HISTORY OF COLLEGE FOOTBALL (Lecture/Discussion)

In the first quarter, we will have a combination lecture and discussion covering the history of college football. Specific points we intend to cover include:

- Football's origins in rugby
- Walter Camp as the Father of American Football
- The creation of the NCAA
- The history of bowl games and conferences and why they can't be entirely separated
- The creation of a National Championship Game

SECOND QUARTER: THE CURRENT STATE OF AFFAIRS (Discussion)

The second quarter will be entirely discussion-driven. Possible discussion topics include the following:

- 1996/2005/current NCAA conference realignment (or realignment in general)
- Rivalries
- The poll ranking system
- The organization of the BCS
- Enforced amateurism
- The "Death Penalty" and why it isn't used anymore
- Why UM is better than FSU (ask Jeffrey)
- Why FSU is better than UM (ask Joe)
- ANYTHING ELSE YOU CAN THINK OF!

Halftime

We will take a short break in between halves to stretch and have fun before getting back into the game.

Second Half: X's and O's

THIRD QUARTER: BASIC FORMATIONS (Lecture/Discussion)

For the third quarter we will switch things up a bit and use the whiteboard to introduce some of the basic offensive and defensive setups, with plenty of discussion by students. Formations that will be covered include:

Basic Defenses

- 3-4 vs. 4-3
- Nickel vs. dime
- Quarters and other situational defenses
- Personnel differences between the different formations
- Types of defensive plays (zone blitz, cover 2 man, etc...)

Basic Offenses

- I formation
- Shotgun and Pistol
- Newer formations (wildcat and spread offense)
- The play action pass and offensive strategy
- The hurry up and offensive clock management

FOURTH QUARTER: INTRO TO PLAY-CALLING (Discussion)

In the final quarter we will present students with various offensive and defensive situations and allow the students to discuss how they would handle them if they were the offensive and defensive coordinators. By the end of the quarter we hope to be able to only present the basic pre-play information (time on clock, yards to go, down) and allow two of the students to face off, one picking an offense and the other picking a defense, letting the entire class discuss their choices.